



# YEARLONG/SEMESTER COURSE GUIDE

## 2019

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This guide released in November 2018 contains a listing of U3A Melbourne City's 2019 yearlong and semester courses. Most courses commence in February or March and conclude at the end of November.

We also offer a program of short courses, from one-off sessions to ten weeks duration. These are advertised separately throughout the year via our News Update eBulletins and posted on our website.

Please go to [www.u3amelbcity.org.au](http://www.u3amelbcity.org.au) to see the most up-to-date curriculum.

Our Members Centre operates 10.00am - 3.00pm Monday - Friday.

The Members Centre is closed on Public Holidays and over the Christmas and New Year period.

The Members Centre opens again on Monday 14<sup>th</sup> January 2019.

Also, please note that Tutors may cancel classes during the year for personal reasons.

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Members Centre:  
Suite 1, Level 5  
168 Lonsdale Street  
Melbourne VIC 3000

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P O Box 24149  
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Melbourne VIC 3001

## WELCOME TO U3A MELBOURNE CITY

The University of the Third Age (U3A) is an international organisation, embodying the principles of social engagement, life-long education and the pursuit of knowledge for its own sake, in an atmosphere of mutual learning and teaching. Each U3A is a learning community, organised by and for people who can best be described as being active in retirement - the so-called Third Age of their lives.

The University of the Third Age (U3A) exists for retired and semi-retired people. U3A is a world-wide non-profit organisation which began in Toulouse France in 1973 and spread rapidly through France and throughout Europe and across the Atlantic to America. In 1982 the first British U3A was established at Cambridge. These same principles have been embraced by U3A in Australia.

The principles of self-help and self-determination, mutual support and structuring programs are the foundation of U3A with courses and social engagement to meet the wishes of members and drawing on resources available within the membership as far as possible.

In July 1984, a public meeting was arranged in Melbourne to gauge public interest in U3A. As a result the first U3A was established in Melbourne City, followed by another in Hawthorn, and the first courses were offered at the beginning of 1985. During that year two other U3As, one at Monash and one at Ringwood, were inaugurated. There are now more than 110 U3As in Victoria with some 38,000 members.

## COURSE ENROLMENT

**PLEASE RENEW YOUR MEMBERSHIP FOR 2019 BEFORE ENROLMENTS OPEN!**

Your annual membership fee enables you to apply to join as many courses and activities as you wish, subject to class size limits. The classes are held in venues throughout the Melbourne CBD.

If you have renewed your membership for 2019, you can enrol online at [www.u3amelbcity.org.au/myu3a](http://www.u3amelbcity.org.au/myu3a) or via the Members Centre from the following dates:

<b>Monday 19<sup>th</sup> November 2018 from 10.00am</b>	<ul style="list-style-type: none"> <li>2018 Registered Volunteers and Life Member can enrol in one (1) course only at this stage.</li> </ul>
<b>Friday 23<sup>rd</sup> November 2018 from 10.00am</b>	<ul style="list-style-type: none"> <li>Full Members can enrol in a maximum of two (2) courses</li> <li>2018 Registered Volunteers and Life Members can enrol in one (1) additional course.</li> </ul>
<b>Friday 30<sup>th</sup> November 2018 from 10.00 am</b>	<ul style="list-style-type: none"> <li>All members, including Associate Members can enrol in additional courses, subject to vacancies and enrolment rules.</li> </ul>

To become a member of U3A Melbourne City you can join and pay your membership online at [www.u3amelbcity.org.au/myu3a](http://www.u3amelbcity.org.au/myu3a). If you do not have a computer, or are not confident with these procedures, you can come into our Members Centre, and our friendly Office Staff will assist to complete your enrolment.

## ENROLMENT RULES

You can enrol in one <b>Group 1</b> Language class	You can enrol in one <b>Group 2</b> Language class	You can enrol in one Mahjong class	You can enrol in one Yoga class	You can enrol in one Writing class
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Please note that your enrolment in the majority of language courses is provisional, i.e. you will be wait listed, until tutor approval. Refer to the last pages of this Guide for further information about our Foreign Languages Policy and how it works.

Once enrolled you will be notified by email.

# 2019 Yearlong/Semester Course Guide

## COURSES LISTED ALPHABETICALLY

Unless otherwise stated, all courses are weekly.

### Course Content Disclaimer

Be aware that the material presented in all our classes is at the discretion of the tutor or group leader and does not necessarily reflect the views of U3A Melbourne City. Members are solely responsible for the choices they make. Course summaries indicate the content to be covered and you should seek clarification from the tutor if required. Further information can sometimes be found on MyU3A and tutor pages of our website [www.u3amelb.org.au](http://www.u3amelb.org.au)

AROUND THE WORLD IN 30 DAYS: TRAVELLERS' TALES	
Tutor: Margaret Smith	New
TUESDAY 10.00-12.00 Monthly, 2 <sup>nd</sup> Tuesday	12/3/2019 – 12/11/2019
MULTICULTURAL HUB Studio Room	Max: 20 Min: 15

This course is designed to share the pleasure of reading travellers' tales, both modern and old, followed by discussion. Both the adventurous and armchair traveller can come together to discuss writers and their works - books, blogs, diaries, memoirs in a friendly, relaxed group. Each month a different country will be selected. Different writers will be chosen by the tutor, with particular books selected for class reading. For example, India is the country for the first session in March: selected writers are William Dalrymple, VS Naipaul, Paul Theroux, Vanessa Able and Sarah MacDonald. Books for discussion include William Dalrymple, *City of Djinns: A Year In Delhi*; VS Naipaul, *An Area of Darkness*; Paul Theroux, *The Great Railway Bazaar*; Vanessa Able, *Never Mind the Bullocks: One Girl's 10,000 km Adventure around India in the World's Cheapest Car* and Sarah MacDonald, *Holy Cow*. The class format will be book critiques followed by discussion. Future sessions will involve students' input in selection of countries and writers. Enthusiasm, a love of reading and discussion are the only requirements.

**Prerequisites:** Studied and/or interested in history and literature.

**Class Materials:** Buy, find second hand or borrow books from libraries.

Book Group	
Tutor: Sandra Joicey	Repeat
THURSDAY 1.00-3.00 Monthly	7/3/2019 – 7/11/2019
GAA LR3	Max: 15 Min: 8

The book discussion group relies on its members to read and discuss a variety of books from different genres and encouraged to join in vigorous debate concerning character analysis, language analysis, themes, genre and author intention. Everyone is encouraged to express their point of view.

BOTANICAL ART	
Tutor: <a href="#">Rhonda Favaloro</a>	Repeat
TUESDAY 11.00-1.30	5/3/2019 – 26/11/2019
DOCKLANDS LIBRARY Activities Room	Max: 19 Min: 8

The course is a continuation of the development of watercolour skills in depicting the fine detail of plants with transparent painting techniques. We will be working towards a family and friends exhibition at the end of the year and preparing for an exhibition in 2020.

**Prerequisites:** Completed at least 1 year of Botanical Art education; be proficient in tonal drawing and one year minimum of Botanical art painting.

**Class Materials:** Own materials including \$5 each month for additional materials.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval. Students progressing from 2018 will have priority.

**Enrolment Cut-off:** No enrolments after 2nd April.

BRIDGE – SUPERVISED	
Tutor: Michael Finn	Repeat
TUESDAY 1.00-4.00	12/2/2019 – 26/11/2019
ROSS HOUSE Rainbow Room	Max: 20 Min: 10

Under the supervision of the tutor, students who have already completed a Beginners' course of lessons will be able to play sessions of Bridge. Guidance will be provided to improve students' knowledge and skills to the level of being able to enjoy playing in a Bridge Club.

**Prerequisites:** Completion of a course of Bridge Lessons for Beginners.

**Class Materials:** Bring a pen. We may need to buy new playing cards via a nominal levy \$4, tba.

BRIDGE, BEGINNERS AND CONSOLIDATING	
Tutor: <a href="#">Hana Kadera</a>	Repeat
THURSDAY 10.30-12.30	14/2/2019 – 28/11/2019
DOCKLANDS LIBRARY Activities Room	Max: 30 Min: 15

This course will cover the basic principles of bidding, playing a hand and defending at the bridge table. Its emphasis will be on enjoying Bridge and extending your powers of concentration. It will be based on the Standard American, 5 cards Major System. You will be

expected to do some homework each week to refresh and reinforce what you have learned in class. This course is designed for total beginners and also for students wanting to consolidate their learning before moving to Supervised Bridge. Consolidating players start earlier than Beginners. The first 30 minutes is devoted to question time and learning popular conventions, then application by actual play. Beginners group starts 30 minutes later. Learning and play is governed by the overall understanding of the studied topic.

**Class Materials:** Pen and paper.

**Enrolment Cut-off:** No enrolments after 21<sup>st</sup> February for Beginners; no cut-off for consolidating.

CHESS 1, 2 & 3	
Tutor: <a href="#">Blair Cramer</a>	Repeat
MONDAY 9.00-1.00	11/2/2019 – 25/11/2019
ROSS HOUSE Rainbow Room	<b>Max: 30 Min: 8</b>

Australian Chess Master and author C.J. Purdy once said "to die without having learnt Chess is like dying without ever having heard music." Chess is an ancient art, game and sport known as the 'Royal Game'; it has a rich tradition. An excellent form of brain gym for Seniors. Chess offers you the opportunity to be imaginative and creative. We have adopted a once secret step-by-step Russian program of training and no prior knowledge is required. Alternatively you can practise your skills playing in a friendly environment. The course caters for all levels and we look forward to meeting you on the 11th February at the appropriate time:

- 9.00-10.15 for Advanced
- 10.15-11.30 Intermediate
- 11.30-1.00 for Beginners.

**Class Materials:** Pen and paper. Photocopy costs as incurred.

**Enrolment Cut-off:** No enrolments after 18<sup>th</sup> February for beginners; others admit all year with tutor approval.

CIRCLE DANCING	
Tutor: <a href="#">Judi Appleby</a>	Continuation
TUESDAY 10.30-12.30	12/2/2019 - 26/11/2019 <b>Except 18 &amp; 25 Jun &amp; 16 Jul</b>
RHSV Officer's Mess	<b>Max: 25 Min: 14</b>

Dancing in a circle is one of the oldest ways in which people celebrate community and togetherness and can be a powerful way of tuning-in to body, mind and spirit. Through joining hands and dancing with others, this course is for anyone who would like to feel more centred, release energy, refresh 'grey matter', and give the body a gentle physical workout. The simple dances are a mix of traditional and contemporary choreographies, all of which are accompanied by resonant and joyful melodies. This form of dance has enjoyment at its heart and, though we will build a repertoire of eclectic dances, the focus is on how the

combination of dance patterns and rhythms make us feel. All the dances are thoroughly taught and regularly reprised. There is a saying in the world of circle dance - 'there are no mistakes, only variations!'

**Prerequisites:** New and returning members welcome.

No prior experience expected, though an ability to move to music/rhythm would be a good grounding to the course.

**Class Materials:** Comfortable clothes and shoes (no high heels). Drink/snack for break.

**Enrolment Cut-off:** No enrolments after 19th February for Term 1.

CRAFT GROUP	
Coordinators: Angela Moodie & Anna Krepp	Continuation
TUESDAY 10.00-1.00	12/2/2019 – 26/11/2019
KATHLEEN SYME MPR1	<b>Max: 20 Min: 15</b>

This is a self-help group where participants work on their own projects in a friendly, relaxed and encouraging environment. There are also opportunities to share and learn new skills in areas such as knitting, crochet, embroidery, quilting, making cards, bead jewellery or teddy bears etc.

**Class Materials:** Students provide their own supplies.

CRYPTIC CROSSWORDS	
Group Leader: Jean Shaik	Continuation
FRIDAY 11.30-1.00 <b>Fortnightly</b>	15/2/2019 – 22/11/2019
ROSS HOUSE 1.3	<b>Max: 15 Min: 8</b>

This class attempts to solve David Astle's Friday crossword in *The Age*. It is a team effort and, as everyone has different knowledge, we rely on each other. We learn a lot and feel very satisfied when we complete the puzzle. Sounds serious but it is enjoyable and friendly.

**Prerequisites:** Love of crosswords.

**Class Materials:** Friday's *Age* newspaper containing the crossword we do.

CURRENT AFFAIRS	
Group Leader: George Boag	Continuation
THURSDAY 10.00-11.30	14/2/2019 – 28/11/2019
MULTICULTURAL HUB Purple Room	<b>Max: 70 Min: 20</b>

Discussion on local, state, national and international affairs. To get a different perspective of the Current Affairs each Thursday will be presented by a different Group Leader. The Group Leader presents their point of view which will be open to questions from class members. There will be a tea or coffee break at 10.50-11.00 so members can socialize.

### FRENCH LEVEL 1 BEGINNERS

#### Group 1 Language Course

Tutor: Glen Harvey	Repeat
WEDNESDAY 10.00-11:30	13/2/2019 – 27/11/2019
GREEK CENTRE 2.1	<b>Max: 20 Min: 8</b>

This is a course in French grammar and pronunciation for total beginners. We follow the text, practise pronunciation with the CD and build knowledge of the language in a cumulative manner. Each lesson is supplemented by an emailed lesson sheet and there is a small amount of written homework. Students are expected to learn the vocabulary that is covered each week. Lessons are conducted in English.

**Prerequisites:** Students MUST have a working email address.

**Class Materials:** Graham, Gaelle. *Teach Yourself Complete French* (Hodder & Stroughton) with audio approx cost \$45.00.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** No enrolments after 27<sup>th</sup> March.

### FRENCH LEVEL 2 BASIC

#### Group 1 Language Course

Tutor: Gwen Nyman	Repeat
MONDAY 10:00-12:00	11/2/2019 – 25/11/2019
GREEK CENTRE 2.1	<b>Max: 20 Min: 10</b>

This is a revision, consolidation and extension of the situations covered in French Level 1 - Basic. Students will be expected to have a knowledge of:

1. The Present Tense of (a) the three regular verb forms; (b) the common irregular verbs e.g. avoir, être, aller, venir etc; (c) reflexive verbs. Also use of the futur proche and the passé récent.
2. Common prepositions of place.
3. Use of common adjectives.
4. Numbers, Time, Dates, Days, Months and Season.

**Prerequisites:** At least 1 year of French studies.

**Class Materials:** Demouy, V. and Moys, A: *Colloquial French : The Complete Course for Beginners*, Routledge, approx. \$50 (try on line for 2nd hand copies).

**Enrolment Cut-off:** Admit all year with tutor approval.

### FRENCH LEVEL 2 POST BEGINNERS

#### Group 1 Language Course

Tutor: Glen Harvey	Repeat
THURSDAY 10.00-11:30	14/2/2019 – 28/11/2019
GREEK CENTRE 2.1	<b>Max: 20 Min: 8</b>

This is a course in French grammar and pronunciation for 2nd year students of French. We follow the text, practise pronunciation with the CD and build knowledge of the language in a cumulative manner. There is more grammar content than in Level 1. Each lesson is supplemented by an emailed lesson sheet and there is a small amount of written homework. Students are expected to learn the vocabulary that is covered each week. Lessons are conducted in English. The same text

is used as for my Level 1 course and continues seamlessly from year 1.

**Prerequisites:** At least 1 year of French studies. Students MUST have a working email address.

**Class Materials:** Graham, Gaelle. *Teach Yourself Complete French* (Hodder & Stroughton) with audio approx \$45.00

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** No enrolments after 28<sup>th</sup> March.

### FRENCH LEVEL 3 BASIC

#### Group 1 Language Course

Tutor: Gwen Nyman	New
MONDAY 1:00-3:00	11/2/2019 – 25/11/2019
GREEK CENTRE 2.1	<b>Max: 20 Min: 10</b>

This is a continuation of French Level 2 - Basic. ( See above) Students will be expected to have knowledge of:

1. Verb Tenses (including reflexive/ reciprocal verbs): present, passé composé, imparfait, futur, conditionnel, subjunctive and imperative.
2. Nouns and Adjectives: number, gender and agreement
3. basic vocabulary relating to common everyday situations.

**Prerequisites:** At least two years of French.

**Class Materials:** Broady, Elspeth: *Colloquial French 2*, Routledge, approx. \$50 (but you can try on line for second hand copies).

**Enrolment Cut-off:** Admit all year with tutor approval.

### FRENCH LEVEL 3 INTERMEDIATE

#### Group 1 Language Course

Tutor: Glen Harvey	Repeat
FRIDAY 10.00-12.00	15/2/2019 – 29/11/2019
GREEK CENTRE 2.1	<b>Max: 20 Min: 8</b>

This is a course in French grammar and pronunciation for early intermediate students of French. We follow the text, practise pronunciation and build knowledge of the language in a cumulative manner. There is a dictation component and presentations by students. Each lesson is supplemented by an emailed lesson sheet and there is a small amount of written homework. Students are expected to undertake independent research of the topic that is covered each week. Lessons are conducted in English. The same text is used for Level 1/2 courses and the lessons continue seamlessly from year 2.

**Prerequisites:** at least 2 years of French studies. Students MUST have a working email address.

**Class Materials:** Graham, Gaelle. *Teach Yourself Complete French* (Hodder & Stroughton) with audio approx cost \$45.00

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** No enrolments after 29<sup>th</sup> March.



### FRENCH LEVEL 4 UPPER INTERMEDIATE

#### Group 1 Language Course

Tutor: Elaine Batchelder	Continuation
TUESDAY 12.00-1.30	12/2/2019 – 26/11/2019
GREEK CENTRE 2.1	<b>Max: 20 Min: 10</b>

Activities include reading and listening comprehension exercises, dictations, short oral presentations and studies of grammatical points. We try to run the class entirely in French and the aim is to improve spoken French.

**Prerequisites:** This class is for students who have a good knowledge of French grammar, read French easily, understand spoken French of a medium difficulty.

**Class Materials:** Miquel, Claire: *Grammaire en dialogues, Niveau intermédiaire*, CLE International.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** Admit all year with tutor approval.

### FRENCH LEVEL 5 ADVANCED INTERMEDIATE

#### Group 1 Language Course

Group Leader: David McGregor	Continuation
MONDAY 10.00-12.00	11/2/2019 – 25/11/2019
MULTICULTURAL HUB Gallery	<b>Max: 15 Min: 8</b>

As a currently self-managed group we try as much as possible to restrict ourselves exclusively to the use of French in class. Activities include reading and listening comprehension, and delving into points of grammar which we find difficult. Active participation, including weekly oral presentations, and homework are integral parts of the class. We do at least three hours' homework per week. Our aim is to improve our oral capability to the point of fluency.

**Prerequisites:** A minimum of five years learning French. Computer and internet skills.

**Class Materials:** Pen and notebook. Home internet access. Nominal charge for photocopying.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** admit all year with tutor approval.

### FRENCH LEVEL 6 ADVANCED

#### Group 1 Language Course

Tutor: Carol Wright	Continuation
WEDNESDAY 11.30-1.00	6/3/2019 – 27/11/2019
GREEK CENTRE 2.4	<b>Max: 15, Min: 8</b>

This course is for students who have completed 4-5 years of French language study at secondary level or equivalent. Focus is on grammar revision, reading comprehension and practice and expanding vocabulary. It is not a conversation class. The class is conducted in English.

**Prerequisites:** At least 4 years of French language study. (May have been completed at Secondary level).

**Class Materials:** Horan and Wheeler: *A New French Course Part 5*.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** Admit all year with tutor approval.

### FRENCH LEVEL 7 LANGUAGE & CULTURE

#### Group 1 Language Course

Tutor: Carol Wright	Continuation
WEDNESDAY 10.00-11.30	6/3/2019 – 27/11/2019
GREEK CENTRE 2.4	<b>Max: 15, Min: 8</b>

This class is for students of French who wish to continue revising and improving their knowledge of the French language. We read about current and historical issues of French language and culture, continually reviewing grammar and broadening our vocabulary. Different approaches are used, including reading aloud and comprehension exercises. This is not a conversation class.

**Prerequisites:** At least 5 years of French study.

Advanced knowledge of French grammar and vocabulary. (May have been completed at Secondary level).

**Class Materials:** Heminway, Annie: *Better Reading French*, 2nd edition.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** Admit all year with tutor approval.

### FRENCH LEVEL 6 ADV. STUDY & CONVERSATION

#### Group 2 Language Course

Tutor: Hilary Adair	Continuation
TUESDAY 10.00-12.00	5/3/2019 – 26/11/2019
GREEK CENTRE 2.1	<b>Max: 15 Min: 8</b>

The class aims to enable students of French to practise advanced language competencies in a collaborative learning environment. Everyone is expected to contribute to activities. The course includes reading and commentary in French on modern and classical French authors; rotating presentation of individual talks in French on subjects of personal choice; and discussion of cultural, social and current affairs topics.

**Prerequisites:** Ability to participate in group discussions and prepare short talks in French.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** No enrolments after 28<sup>th</sup> May.

### GERMAN LEVEL 3 ADVANCED BEGINNERS

#### Group 1 Language Course

Tutor: Paul O'Brien	Continuation
FRIDAY 1.00-3.00	15/2/2019 – 29/11/2019
GREEK CENTRE 2.2	<b>Max: 15 Min: 8</b>

This course continues from 2018. New participants are welcome. You will learn to use German in everyday life. We will follow the text with some supplementary

materials. We will work on listening, reading, speaking, and writing simple texts. We will continue from about Lektion 8 in Themen Aktuell 1 (the set text). There will be opportunities to refresh knowledge of these topics but some familiarity with verbs - present tense, imperative voice, separable verbs, perfect tense - and nouns -gender, plural, nominative and accusative cases - and sentence structures is expected.

**Prerequisites:** Two years of U3A German or prior exposure to German, e.g. 3-4 years at high school.

**Class Materials:** *Themen Aktuell 1 Kursbuch* (ISBN: 9783190016907) and *Themen Aktuell I Workbook* (ISBN: 9783192516900) from the Foreign Language bookshop for about \$90 for both or perhaps cheaper online from <http://www.bookdepository.com> (approx \$35 each as at 6th September

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** Admit all year with tutor approval.

GERMAN LEVEL 3 INTERMEDIATE CONVERSATION (Phrases)	
Group 2 Language Course	
Group leaders: Günter Lang	Continuation
FRIDAY 1.00-2.30	15/2/2019 – 29/11/2019
RHSV Presidents' Room	<b>Max: 20 Min: 8</b>

Study of German phrases as used in everyday conversation. Study of German Proverbs when relevant. Class style is very relaxed and every student is encouraged to participate in the discussions, but participation is voluntary, not compulsory. For students familiar with the term it can be compared to a "Kaffeeklatsch".

**Prerequisites:** Reasonable grasp of the German Language

GERMAN LEVEL 4 INTERMEDIATE 1	
Group 1 Language Course	
Tutor: Marcus Wearne	Continuation
FRIDAY 10.00 - 11.30	15/2/2019 – 29/11/2019
GREEK CENTRE 2.4	<b>Max: 15 Min: 8</b>

This course is designed to enhance your German language skills in a relaxed environment and uses a variety of material to improve your oral, aural and written skills. The *Menschen A2.1* course books provide an opportunity to learn new language structures and practice these in class (conversation; speaking exercises; listening practice; group work etc). They also include on-line self-paced material you can do at home. German Intermediate 1 is aimed at students who have completed Themen 1 and wish to progress; students who wish to revise and consolidate; plus new students reconnecting with the language after a period of time. The intent is to progress at a careful pace and provide plenty of opportunity to practice. Other course material is provided to enrich the course, including the radio

series Deutsch Warum Nicht; readers from the series Dino lernt Deutsch; music and videos. Students are encouraged to participate actively in class and undertake a small amount of homework each week. Emails are sent out each week summarising what was done in class and outlining the homework.

**Prerequisites:** At least 3-4 years of German at U3A level or 4-5 years' exposure at high school. The course assumes that students are familiar with German pronunciation and have been introduced to the fundamentals of German grammar, including cases, word order, modal verb.

**Class Materials:** *Menschen hier A2.1*. Paket: Kursbuch mit DVD-ROM und Arbeitsbuch mit Audio-CD (approx \$35 from bookdepository): ISBN10 3193519022, ISBN13 9783193519023. Early in the year we will discuss the purchase of 1-2 short readers (approx \$7 each).

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** Admit all year with tutor approval.

GERMAN LEVEL 4 INTERMEDIATE 2	
Group 1 Language Course	
Tutor: Marcus Wearne	Continuation
WEDNESDAY 2.00-3.30	13/2/2019 – 27/11/2019
GREEK CENTRE 2.2	<b>Max: 15 Min: 8</b>

This course is designed to enhance your German language skills in a relaxed environment and uses a variety of material to improve your oral, aural and written skills. The *Menschen A2.1* course books provide an opportunity to learn new language structures and practice these in class (conversation; speaking exercises; listening practice; group work etc). They also include on-line self-paced material you can do at home. German Intermediate 2 is aimed at continuing students wishing to develop their language proficiency and so will begin at approx chapter 5; however, new students reconnecting with the language after a period of time are welcome to apply. The intent is to progress at a steady pace and provide plenty of opportunity to practice. Other course material is provided to enrich the course, including the radio series Deutsch Warum Nicht; readers from the series Dino lernt Deutsch; music and videos. Students are encouraged to participate actively in class and undertake a small amount of homework each week.

**Prerequisites:** At least 4 years of German. The course assumes that students are familiar with German pronunciation and have been introduced to the fundamentals of German grammar, including cases, word order, modal verbs, the perfect past tense and prepositions.

**Class Materials:** *Menschen hier A2.1*. Paket: Kursbuch mit DVD-ROM und Arbeitsbuch mit Audio-CD (approx \$35 from bookdepository): ISBN10 3193519022, ISBN13

9783193519023. For terms 2 and 4 we will use short readers approx \$7 each

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** Admit all year with tutor approval.

GERMAN LEVEL 5 UPPER INTERMEDIATE	
Group 1 Language Course	
Tutor: Marcus Wearne	Continuation
TUESDAY 1.30-3.30	12/2/2019 – 26/11/2019
GREEK CENTRE 2.2	<b>Max: 15 Min: 8</b>

This course is designed to enhance your German language skills in a relaxed environment and uses a variety of material to improve your oral, aural and written skills. The *Menschen A2.2* course books provide an opportunity to learn new language structures and practice these in class (conversation; speaking exercises; listening practice; group work etc). They also include on-line self-paced material you can do at home. German Upper Intermediate is aimed at continuing students wishing to develop their language proficiency, however new students reconnecting with the language after a period of time are welcome to apply. The course will begin at approx chapter 19 (about half way through the course book) and will cover such topics as education, cities and traffic, working overseas, cultural exhibitions and the press. It will enable students to use verbs with prepositions, modal verbs in the past tense, demonstrative pronouns and conjunctions. About 50 % of a typical lesson also includes other material to enrich the course, including articles/ videos from Deutsche Welle and German magazines; readers; music and other audio. These are used as a basis for German conversation. Students are encouraged to participate actively in class and undertake a small amount of homework each week.

**Prerequisites:** The course assumes that students are familiar with and are able to apply core German grammar, including cases, word order, modal and separable verbs, conjunctions, adjective endings; the perfect past tense and prepositions, although these aspects continue.

**Class Materials:** *Menschen hier A2/2*. Paket: Kursbuch mit DVD-ROM und Arbeitsbuch mit AudioCD; ISBN10 319551902X ISBN13 9783195519021 (Approx \$35 from bookdepository). Early in the year we will discuss the purchase of 1 -2 short readers (approx \$7 each)

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** Admit all year with tutor approval.

GERMAN LEVEL 6 ADVANCED CONVERSATION	
Group 2 Language Course	
Group leaders: <a href="#">Jack Foks</a> & Günter Lang	Continuation
FRIDAY 10.00-11.30	15/2/2019 – 29/11/2019

MULTICULTURAL HUB Green Room	<b>Max: 25 Min: 15</b>
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This is a course for those who wish to remain familiar with the German language. Our discussion will cover literature, poetry and topical items of interest. Class participation is welcomed and encouraged.

**Prerequisites:** Reasonably competent German conversation and reading skills.

GREAT WORKS OF LITERATURE	
Tutor: <a href="#">Dr Christina Hill</a>	Revised
WEDNESDAY 12.30-2.00	13/2/2019 – 27/11/2019
MULTICULTURAL HUB Gallery Room	<b>Max: 30 Min: 15</b>

Our focus in 2019 is short fiction covering a range of stories from disparate cultures and extend to works from the late nineteenth century through the twentieth century to some recent twenty-first century writers. Starting with a selection from Anton Chekhov, James Joyce and Katherine Mansfield and including some Australian fiction from Henry Lawson and Barbara Baynton and mid-twentieth century Australian writers such as Patrick White, Frank Moorhouse and Peter Carey will be included along with mid-twentieth century North Americans such as Flannery O'Connor, J.D. Salinger, Raymond Carver, Tobias Wolff, Bobbie Ann Mason and Canadian Alice Munro. This list is not exhaustive and open to adjustment but several weeks will be spent on each writer's work. Later in the year, I hope to introduce the class to some of the more recent writers of short fiction such as Americans Lorrie Moore and David Foster Wallace. Class participation is expected and members of the group are asked to deliver papers on writers that capture their interest. Such class presentations are voluntary but helpful in terms of inclusivity.

**Prerequisites:** a serious commitment to reading.

**Class Materials:** texts to be discussed in class.

HISTORY OF THE WORLD	
Tutor: <a href="#">Chris Dargan</a>	Continuation
FRIDAY 1.30-3.00	15/2/2019 – 29/11/2019
MULTICULTURAL HUB Green Room	<b>Max: 36 Min: 15</b>

How did we get in this situation? History of the World seeks to examine the history of Europe, Middle East, India, China, Japan and South America and Australia in 500-year blocks of time. How did the dark ages occur? Or the wars of religion? The persecution of philosophers in China? The era of the samurai in Japan? Come with us on an intellectual journey to learn of the events which made these countries what they are today.



IN THE NEWS	
Tutor: <a href="#">Terry Rickard</a>	Repeat
TUESDAY 10.30-12.30	12/2/2019 – 26/11/2019
MULTICULTURAL HUB Gallery Room	<b>Max: 20 Min: 15</b>

A weekly discussion of issues, big and small, that have been in the news. Each topic is presented using audio-visual technology. Participants are expected to keep up with the news and contribute to each session (in the nicest possible way!)

ITALIAN LEVEL 2 POST BEGINNERS	
Group 1 Language Course	
Tutor: Kiera Stevens	Repeat
FRIDAY 10.00-11.30	15/2/2019 – 29/11/2019
GREEK CENTRE 2.2	<b>Max: 16 Min: 8</b>

Emphasis is on speaking and listening, with basic understanding of grammatical structures. Class participation is encouraged and homework will be set, to reinforce class learning. Students will be introduced to past and future tenses and the use of object pronouns. **Prerequisites:** One year of U3A Italian study or equivalent. Students should be able to express themselves in simple conversation on everyday topics such as talking about themselves and other people, family, food and drink, transport, leisure, shopping. They should be able to correctly use the present tense of all regular verbs, including reflexives, common irregular verbs, possessive adjectives, prepositions, telling the time.

**Class Materials:** *Italianissimo One*, BBC Active, with CDs. A small photocopying fee will also be charged.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** Admit all year with tutor approval.

ITALIAN LEVEL 3 INTERMEDIATE	
Group 1 Language Course	
Tutor: Anna Jardon	Repeat
MONDAY 10.15-12.00	11/2/2019 – 25/11/2019
KATHLEEN SYME MPR1	<b>Max: 15 Min: 10</b>

This course continues from Italian Beginners. Its aim is to reinforce and expand on the grammatical concepts learned on previous years. Through reading and comprehension, we will aim to increase vocabulary and the ability to "speak Italian". There will be listening and comprehension exercises through DVDs shown in class. Class participation and speaking in Italian will be encouraged and expected. Regular homework is given to reinforce topics studied in class. Class is conducted in English and Italian.

**Prerequisites:** 2 years Italian Beginners as per U3A course or equivalent

**Class Materials:** *Nuovo Espresso 2 (corso di italiano)* Libro+ DVD ISBN: 978-88-6182-320-4.

**Enrolment Conditions:** All students will be wait listed pending tutor approval.

**Enrolment Cut-off:** Admit all year with tutor approval.

ITALIAN LEVEL 3 INTERMEDIATE CONVERSATION	
Group 2 Language Course	
Group Leader: Fortunato Forte	Repeat
WEDNESDAY 11:30-1:00	13/2/2019 – 27/11/2019
MULTICULTURAL HUB Timber Room	<b>Max: 15 Min: 8</b>

This Italian conversation course will help students practise and improve their listening, understanding and speaking skills. The emphasis is on speaking Italian through discussion of Italian culture, students' interests and other everyday experiences. Practical everyday situations such as travel, shopping, hobbies, etc. will be used and students' suggestions for weekly topics will be welcomed. An Italian reader will be used to supplement discussions. The course is conducted in English and Italian.

**Prerequisites:** 2-3 years previous study in the Italian language.

**Class Materials:** *Read and Think Italian*, McGraw Hill (Approx \$32)

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

ITALIAN LEVEL 5 ADVANCED CONVERSATION	
Group 2 Language Course	
Group Leader: Fortunato Forte	Repeat
WEDNESDAY 10:00-11:30	13/2/2019 – 27/11/2019
MULTICULTURAL HUB Timber Room	<b>Max: 15 Min: 8</b>

This Italian conversation course will help students practise and improve their listening, understanding and speaking skills. The emphasis of the course is speaking through discussion of Italian culture, students' interests and other everyday activities. Students will be required to converse on a range of topics which are suggested by the group on a weekly basis. The course will be conducted in Italian.

**Prerequisites:** Minimum of 5 years previous study of the Italian language.

**Class Materials:** tba

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

ITALIAN LEVEL 6 ADVANCED	
Group 1 Language Course	
Group Leader: Jan Livingstone	Continuation
TUESDAY 1.30-3.30	12/2/2019 – 26/11/2019
KATHLEEN SYME MPR 1	<b>Max: 15 Min: 8</b>

This course is for advanced students who wish to revise and consolidate their knowledge of Italian grammar, with the aim of speaking more correctly in Italian. We will use the textbook *Un Giorno in Italia 2*, and other

relevant texts for listening to and reading on topics about Italian culture and literature. Grammar explanations, related oral and written exercises, conversation and homework reinforce and practise correct language use. There is no formal teaching. Class members take turns in the preparation and presentation of sessions. The class will be conducted mostly in Italian, with English used only to clarify difficult concepts.

**Prerequisites:** Students should have a sound knowledge of spoken and written Italian, and the confidence and ability to participate in conversations (post VCE level grammar and conversation skills).

**Class Materials:** Chiappini, Loredana: *Un Giorno in Italia 2, Libro dello studente* (with CD if available). \$40 -50 approximately.

**Enrolment Cut-off:** admit all year with tutor approval.

JAPANESE LANGUAGE AND CULTURE	
Group 2 Language Course	
Tutor: Shinei Sakai	Continuation
THURSDAY 10:00-11.30	14/2/2019 – 28/11/2019
GREEK CENTRE 2.4	<b>Max: 15 Min: 8</b>

This course focuses on helping students to learn the basics of Japanese language, and also aims to enable an understanding of aspects of the cultural characteristics of Japan. Students will be encouraged to participate in translating short sentences written by them into Japanese and vice versa. Short dictations will be given to help students learn various structures of Japanese sentences. Students will develop some understanding of colloquial and practical communication through listening and speaking, using short sentences and questions.

**Prerequisites:** Ability to read and write Hiragana.

LATIN POETRY	
Group leader: Margaret Rees	Continuation
TUESDAY 10.00-11.30	12/2/2019 – 26/11/2019
GREEK CENTRE 2.4	<b>Max: 15 Min: 8</b>

Enjoying and translating selections from a variety of classical authors, like Catullus and Ovid or less familiar ones like Lucan. Time is spent discussing their significance at the time of writing and in the present day.

**Prerequisites:** A knowledge of Latin is assumed, but anyone with an interest in the Latin language will be welcome.

**Class Materials:** Latin dictionary.

LITERATI LOUNGE	
Group Leader: <a href="#">Dr Georgina Fitzpatrick</a>	Continuation
MONDAY 12.00-2.00 <b>Monthly, 3<sup>rd</sup> Monday</b>	18/2/2019 – 18/11/2019
ROSS HOUSE 1.1	<b>Max: 20 Min: 10</b>

Literati Lounge is a book group, pioneered by the late Judith Goddard-Rowell. Each member brings a book to the meeting each month, a book they have read and are willing to describe to the group. After each class member has spoken, books are then traded. Bring a book. Take a book home. A book lover's paradise!

**Class Materials:** Provide a book each session for exchange.

MAHJONG FRIDAY	
Group Leaders: Chris Evans and Jeanette Thomas	Continuation
FRIDAY 12.30-3.30	15/2/2019 – 29/11/2019
ROSS HOUSE Rainbow Room	<b>Max: 24 Min: 9</b>

Join a friendly group of Mahjong players who all bring some experience to the game. We play Western rules and new members will need to have a keen interest in learning the rules and Western Mahjong hands.

**Prerequisites:** A working knowledge of the game and some prior experience is required.

**Class Materials:** Thompson and Maloney: *The Mahjong Players' Companion*.

MAHJONG TUESDAY	
Tutors: Julie Mills & Pat Collins	Continuation
TUESDAY 10.00-1.00	12/2/2019 – 26/11/2019
ROSS HOUSE Rainbow Room	<b>Max: 27 Min: 12</b>

This course continues throughout the year, learning new hands, reviewing rules and scoring using Western Rules. Mahjong is an enjoyable and stimulating game that helps keep the brain active and offers an opportunity to make new friends whilst playing.

**Prerequisites:** Beginners are welcome.

**Class Materials:** Robertson, M.: *The Game of Mahjong*, RRP \$15, Thompson & Maloney: *The Mahjong Player's Companion* RRP \$19.

**Enrolment Cut-off:** Admit all year with tutor approval.

MAHJONG WEDNESDAY	
Group Leader: Pat Collins	Continuation
WEDNESDAY 10.00-1.00	13/2/2019 – 27/11/2019
ROSS HOUSE Rainbow Room	<b>Max: 24 Min: 12</b>

We play this stimulating game using Western rules. There will be an emphasis on scoring and reviewing the rules while also learning new hands. This is a continuing course and beginners are welcome. Mahjong is fun and a great game for keeping the brain active.

**Class Materials:** Robertson, M.: *The Game of Mahjong* and Thompson & Maloney: *The Mahjong Player's Companion*

### MONDAY WRITERS

Tutor: Elizabeth Mullin	Repeat
MONDAY 12.00-2.00	11/2/2019 – 25/11/2019
MULICULTURAL HUB Gallery Room	<b>Max: 20 Min: 10</b>

Monday Writers is designed for people who enjoy writing both fiction and non-fiction. All that is required is imagination, life experience and the ability to tell a story. Class members are given four topics to choose from as homework. The piece of writing should no more than 500 words. The work will be read out at the following week's class. Works are not critiqued or discussed at this time. After the homework is read, class members are given a word, phrase or topic to write on for five minutes. These pieces are also read to the class. Following the reading of these pieces, a time has been set aside to allow for informal discussion on the works presented and for work-shopping potential of written works. It is hoped that the course will give members confidence to write and express themselves in a friendly, open environment.

**Prerequisites:** None - just an interest in writing.

**Class Materials:** pen and paper.

### MOVIE DISCUSSION GROUP

Convenor: Rhoda Lysakowski	Continuation
MONDAY 10.00-12.00 <b>Monthly, 3rd Monday</b>	18/2/2019 – 18/11/2019
ROSS HOUSE 1.1	<b>Max: 16 Min: 8</b>

The group meets monthly and selects 4 films to view each month. Students see as many or few as they wish and then meet to discuss them the following month.

**Prerequisites:** love of film.

### MOVIES OF MERIT

Group Leader: <a href="#">John Waldie</a>	Repeat
WEDNESDAY 1.00 - 4.00pm	13/2/2019 – 27/11/2019 <b>Except 20/2/2019</b>
DOCKLANDS LIBRARY Performance Space	<b>Max: 60 Min: 20</b>

This class is now in its 12th year, and the broad objectives remain unchanged: to show films rated highly by international reviewers, which will make you think, and which you most likely have not seen before. Many of the films are foreign - a rich source of material. Films are screened in their entirety, and followed by a discussion in which all participants provide their comments, both in terms of enjoyment and appreciation of the more "technical" aspects of film-making. The discussion is a most valuable aspect of the course, providing insights shared among the participants, and includes ratings. The Performance Space at the DOCKLANDS LIBRARY is an outstanding venue. It provides excellent screening facilities, tiered seating and space for the discussion period. The 2019 season will

include films selected by this year's class as examples of film-making at its highest level.

**Prerequisites:** An interest in quality, world-wide films including "technical" aspects of film-making.

### MUSIC ENSEMBLE

Tutor: <a href="#">Juliette Zeelander</a>	Continuation
MONDAY 1.00-3.00	11/2/2019 – 2/12/2019
WELSH CHURCH Hall	<b>Max: 30 Min: 10</b>

Music in various styles, eg light classical, musicals, ancient music etc with the aim of performing various concerts towards the end of the year.

**Prerequisites:** Grade three and able to read music.

**Class Materials:** own instrument.

**Enrolment Cut-off:** admit all year with tutor approval.

### NEIGHBOURHOOD STROLLS AROUND MELBOURNE

Group Leader: <a href="#">Peter Newbury</a>	Repeat
FRIDAY, 10.00 – 12.00 <b>Semester 1 - Monthly – last Friday</b>	22/2/2019 – 14/6/2019
	<b>Max: 30 Min: 10</b>

This monthly program of guided strolls will introduce you to the phenomenal history of Marvellous Melbourne by means of tours of five of Melbourne's fascinating older neighbourhoods. These include Northcote, Williamstown, Yarra River, Clifton Hill, and Collingwood. Commentary will focus on how Melburnians coped with Melbourne becoming a major metropolis in a trice. The strolls last about 2 hours, finishing at a local cafe.

**Enrolment Cut-off:** No enrolments after 25<sup>th</sup> February.

### NEIGHBOURHOOD STROLLS AROUND MELBOURNE

Group Leader: <a href="#">Peter Newbury</a>	Repeat
FRIDAY, 10.00 – 12.00 <b>Semester 2 - Monthly – last Friday</b>	26/7/2019 – 15/11/2019
	<b>Max: 30 Min: 10</b>

This monthly program of guided strolls will introduce you to the phenomenal history of Marvellous Melbourne by means of tours of five of Melbourne's fascinating older neighbourhoods. These include Northcote, Williamstown, Yarra River, Clifton Hill, and Collingwood. Commentary will focus on how Melburnians coped with Melbourne becoming a major metropolis in a trice. The strolls last about 2 hours, finishing at a local cafe.

**Enrolment Cut-off:** No enrolments after 2<sup>nd</sup> August.

### NEW ECONOMY & OUR CHANGING SOCIETY

Tutor: <a href="#">John Hill</a>	Revised
THURSDAY 11.30-1.00	14/2/2019 – 28/11/2019

MULTICULTURAL HUB Purple Room	<b>Max: 25 Min: 15</b>
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This is a discussion group focused on the social effects /political implications of a period of change so rapid that it seems unprecedented. Think of the smart phone (or whatever) and the digital age that we now negotiate daily. Or don't. Who pays their bills by cheque? Or posts letters, goes to the bank (if it's still there?) We discuss different topics each week, such as Uber, Amazon, Privatisation, the Gig economy, Facebook, our Electricity industry, Automation, Driverless cars, Wall Street's extraordinary influence, Free Trade Agreements and Globalisation. New topics are suggested by the members. The tutor, who established a successful software company employing some 60 people, is a retired businessman with a lifelong interest in innovation and sustainable development.

**Class Materials:** Must have an email account to receive weekly documents relating to the topic.

PHILOSOPHERS' CAVE: A COMMUNITY OF ENQUIRY	
Facilitator: <a href="#">Darrell Reid</a>	Continuation
WEDNESDAY 1.30-3.30	13/2/2019 – 27/11/2019
MULTICULTURAL HUB White Room	<b>Max: 15 Min: 8</b>

To fully participate in the Philosophers' Cave participants will need an email address and have access to the Internet. There will be homework, but not having done one's homework is no excuse for not attending. Stimulus material for the next week's session will be emailed during the previous week. This will typically consist of a short presentation or article. Members of the group are expected to view or read this material before class time and try to formulate questions (which, for them, arise out of the stimulus material) for exploration by the group at the next session. The group will decide which questions will be explored. These questions will be explored with a degree of philosophic rigour rather than idle speculation. The guiding principles of the Philosophers' Cave are that we can all aspire to be philosophers and that philosophy is serious, so should be seriously enjoyable.

**Prerequisites:** An enquiring mind and a preparedness to engage in respectful discussion and exploration of ideas are essential. Previous studies in Philosophy and/or familiarity with the Philosophic canon is not required. Email address and access to the internet highly recommended.

PHILOSOPHY: THE BASICS	
Tutor: <a href="#">Chris Dargan</a>	Continuation
FRIDAY 11.30-1.00	15/2/2019 – 29/11/2019
MULTICULTURAL HUB Green Room	<b>Max: 36 Min: 15</b>

Is the term 'logic' something you've wondered about? Or how about 'right and wrong'? Or even the existence of a

'soul or God'? Philosophy: The Basics examines questions like these and many others and tries to find an answer. Familiarity with philosophy is not necessary but curiosity is mandatory.

**Prerequisites:** Familiarity with philosophy is not necessary but curiosity is mandatory.

POETRY ACROSS THE CENTURIES	
Tutor: <a href="#">Tony Page</a>	Continuation
FRIDAY 10.00-12.00	15/2/2019 – 29/11/2019
MULTICULTURAL HUB White Room	<b>Max: 15 Min: 10</b>

This course will be led by Tony, a poet with five books to his credit and for many years a passionate performer and teacher of poetry. The main aim will be to make poetry enjoyable and accessible. We will continue our exploration of such people as Homer, Dante, Donne and the longer works of T.S. Eliot which we began earlier. We will also re-visit poets studied in previous courses, plus examine new writers along the way. Each session comprises a tutor presentation followed by group discussion. A lively and challenging time is guaranteed for all! See office for a list of the initial poems to be studied.

**Prerequisites:** Preference given to students previously taking this course; otherwise a firm commitment to the reflective reading of approx. 5 poems per week.

**Class Materials:** Course Materials: Students will need to print their own copies of the required poems each week.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** No enrolments after 22<sup>nd</sup> February.

RUMMY TILES	
Tutor: <a href="#">Blair Cramer</a>	Repeat
MONDAY 1.00-4.00	11/2/2019 – 25/11/2019
ROSS HOUSE Rainbow Room	<b>Max: 26 Min: 8</b>

Dating back to 1930, Rummy Tiles ( Rummikub ) is a game that combines elements of Rummy, Dominoes, Mah-Jong and Chess and is becoming popular in Australia. Game pieces consist of 106 numbered tiles ranging in value from 1-13 in four colours. These are shuffled together and players, in turn collect 14 random tiles and play one or more making or adding to groups, and/or runs. The first person to discard all their tiles is declared the winner resulting in an exhilarating, exciting finish to each game. Usually played in groups of four. Rummy Tiles is fun because it involves a combination of chance and skill. The rules are so easy to learn that newcomers can commence playing immediately with friendly guidance. Join us and you will soon be introducing the game to family and friends.

**Class Materials:** Pen and paper.



### SCOTTISH COUNTRY DANCING

Tutor: Heather Ross	Continuation
THURSDAY 10.30-12.30	14/2/2019 – 28/11/2019
RHSV Officers' Mess	<b>Max: 24 Min: 16</b>

Scottish Country Dancing is an elegant and social form of dance. This is NOT highland dancing but social dancing - reels, jigs and strathspeys - generally in sets of eight. No partner is needed. Beginning dancers will be included as places become available and it is easy to get started, even if you haven't danced before, although a sense of rhythm is an advantage. Steps, formations and lively dances will be taught progressively.

**Prerequisites:** Ability to move to music and fair level of fitness.

**Class Materials:** Soft flexible shoes suitable for dancing - check with tutors; loose clothing.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval. Preference will be given to returning students.

**Enrolment Cut-off:** Admit all year with tutor approval.

### SCRIPT WRITING

Group Leader: Helen Scott	Continuation
THURSDAY 12.30-2.30	14/2/2019 – 28/11/2019
DOCKLANDS Activities Room	<b>Max: 18 Min: 12</b>

The focus of the group will be to write scripts and workshop them for theatre, radio or film. It is for people who like to write and want to try their hand at script writing or improve their dialogue writing. Homework each week consists of a page of dialogue on a subject set by the group leader. All work is read out by members. The style of the class will be shared knowledge and focus on helping each other to develop scripts and workshop them. The anticipated outcome will be a rehearsed play reading for the public in Seniors Week of short plays. Encouragement is given to members to submit plays for festivals.

**Class Materials:** paper and pen.

### SHAKESPEARE REVISITED

Tutor: Sandra Joicey	Continuation
THURSDAY 10.00-12.00	7/3/2019 – 28/11/2019
GAA LR 3	<b>Max: 25 Min: 10</b>

Students will read and watch the plays of Shakespeare. The course will focus on the poetry and language of Shakespeare as well as the themes and theatrical structure. This course promotes the view that in order to acquire a deep understanding of the texts needs a great deal of time and class discussion. This can be achieved by talking in small groups and reporting back to the class, whole group discussions, question and answer sessions, reading aloud, watching films of the plays and making distinctions between the two mediums.

**Class Materials:** Contribution for photocopying.

**Enrolment Cut-off:** No enrolments after 27<sup>th</sup> June.

### SPANISH LEVEL 1 - BEGINNERS

#### Group 1 Language Course

Tutor: Marcia Katting	Repeat
MONDAY 12.00-1.30	11/2/2019 – 25/11/2019
GREEK CENTRE 2.2	<b>Max: 16 Min: 8</b>

This course starts at the beginning assuming you know nothing about Spanish and takes you through, simple lesson by simple lesson, until you feel comfortable. We will provide a basic knowledge and understanding of Spanish for those who have not studied the language before. It will give you a chance to see if you would like to continue further study of this important language. Spanish is a global language spoken by nearly 500 million in 5 continents - the second most widely spoken language by native speakers.

**Prerequisites:** Suited for those who have not studied the language before.

**Class Materials:** Bregstein, Barbara: *Easy Spanish step by step* (\$25). and Tardy, William T.: *Easy Spanish Reader* (\$32.95).

**Enrolment Cut-off:** No enrolments after 18<sup>th</sup> February.

### SPANISH LEVEL 2 – POST BEGINNERS

#### Group 1 Language Course

Tutor: Gloria Madrigales	New
MONDAY 10.00-11.30	11/2/2019 – 25/11/2019
GREEK CENTRE 2.2	<b>Max: 18 Min: 8</b>

This course continues from 2018. New students are welcome. We follow the text book, practise pronunciation, reading, songs, + Spanish Restaurant. Grammar (regular and irregular verbs). Verb HABER-HAY (there is/there are); Verb ESTAR (to be-location); Verbs SEGUIR (to continue); CRUZAR (to cross); GIRAR/DOBLAR (to turn) IR (to go). Spanish is a global language spoken by nearly 500 million in 5 continents - the second most widely spoken language by native speakers. It's never too late to learn a second language! Come and join us.

**Prerequisites:** Successful completion of Spanish Level 1 at U3A or equivalent.

**Class Materials:** Bregstein, Barbara: *Easy Spanish step by step* (\$25) and Tardy, William T.: *Easy Spanish Reader* (\$32.95).

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** No enrolments after 18<sup>th</sup> February.

### SPANISH LEVEL 3 INTERMEDIATE

#### Group 1 Language Course

Tutor: Carmen Cohen	Repeat
WEDNESDAY 10.00-11.30	13/2/2019 – 27/11/2019
GREEK CENTRE 2.2	<b>Max: 16 Min: 10</b>

This course will suit participants that have previous knowledge of basic verb conjugations of the following tenses: present indicative, preterit and imperfect, and present subjunctive. Students should be familiar with the use of the verb TO BE that in Spanish equates to SER and ESTAR. The pace is slow and include many



exercises mostly completed in class. Participants are expected to take turns to do a short class presentation of any subject of interest. At the end of this course students will have been exposed to the entire verb system, will have built a good vocabulary and be able to answer basic questions and be able to respond confidently in Spanish.

**Prerequisites:** Basic Spanish. Understanding the two verbs TO BE. Basic conjugation of present tense indicative, present subjunctive and the two past tenses.

**Class Materials:** Bregstein, Barbara: *Advanced Spanish Step By Step. Read And Think Spanish* by different authors.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** No enrolments after 27<sup>th</sup> February.

SPANISH LEVEL 4 - UPPER INTERMEDIATE	
Group 1 Language Course	
Tutor: Luis Alban	Continuation
MONDAY 10.00-12.00	18/2/2019 – 25/11/2019
GREEK CENTRE 2.4	<b>Max: 15 Min: 8</b>

This course aims at helping students to develop and practice a more structured Spanish. It is assumed that students enrolled in this level have already a reasonable background of Spanish grammar and vocabulary as well as acceptable conversation skills. At the end of this courses students will be able to:

1. Enhance their Spanish grammar and vocabulary.
2. Improve their pronunciation skills.
3. Improve their conversation skills emphasising in a correct grammar.
4. Comment and analyse reading material and videos in Spanish.
5. Discuss social, cultural, historical and current affairs of Latin America and Spanish.
6. Deliver short presentations.

Classes will be delivered in a collaborative learning environment where everyone is expected to participate.

**Prerequisites:** Successful completion of Spanish Level 3 Intermediate.

**Class Materials:** No prescribed book. Tutor will provide relevant material for each class

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

**Enrolment Cut-off:** No enrolments after 18<sup>th</sup> February.

SPANISH LEVEL 6 ADVANCED	
Group 1 Language Course	
Tutor: Juan Martinez	Continuation
WEDNESDAY 10.00-12.00	20/2/2019 – 13/11/2019
CPSU Goodall Room	<b>Max: 15 Min: 8</b>

This class is suitable for students who had studied Spanish for the previous six years and can explain a story in Spanish.

**Prerequisites:** Advanced knowledge of Spanish Grammar.

**Enrolment Conditions:** All students will be waitlisted pending tutor approval.

TALKING ABOUT SECRETS	
Tutor: <a href="#">Helen McCulloch</a> & Elliot Gingold	Continuation
MONDAY 1.00-3.00	11/2/2019 – 25/11/2019
KATHLEEN SYME MPR1	<b>Max: 16 Min: 8</b>

We enjoy a good story about secrets, their pursuit, revelation and consequences in the context of political drama, espionage, whistle-blowers and related topics. We will look at history and fiction, documentaries and dramas. This year we will consider the 20<sup>th</sup> century as the time when ordinary people were dragged into political crises and wars, where serious questions had to be asked about loyalty and betrayal and the struggle to survive. We will also look at novels and films of John Le Carré, and his movement of focus from Cold War to human rights.

**Prerequisites:** Interest in topic.

WEDNESDAY WRITERS	
Tutor: Betty Caldwell	Continuation
WEDNESDAY 11.00-1.00	13/2/2019 – 27/11/2019
ROSS HOUSE 1.3	<b>Max: 15 Min: 8</b>

A happy group comprising writers of poetry, novels, family history, short stories and comedy. Efforts and opinions are shared by fellow members.

**Enrolment Cut-off:** No enrolments after 20<sup>th</sup> February.

WINE APPRECIATION GROUP	
Convenors: Bob Krstic & Greg Mann	Continuation
WEDNESDAY 7.30-10.00pm <b>Monthly</b>	20/2/2019 – 20/11/2019
ROSS HOUSE Rainbow Room	<b>Max: 25 Min: 15</b>

This group meets monthly to discuss and review different wine varieties from diverse Australian and overseas regions. A typical meeting comprises a presentation of a wine-related topic, accompanied by a formal tasting of an illustrative selection of wines. The tasting is complemented by appropriate cheeses and nibbles. The presenter selects the wines, provides additional information, and leads the ensuing discussion. All members are encouraged to taste and rate (20 point system) the individual wines, and participate in discussion to further broaden their understanding of the presented topic. New members are not expected to present a topic in their first year but are welcome to do so.

**Prerequisites:** None, apart from a genuine interest in wine and a desire to learn more about it.

**Class Materials:** All members share the costs of each meeting (wine, cheese, misc.) - generally around \$15.

### WISDOM OF THE AGES

Tutor: <a href="#">Chris Dargan</a>	Continuation
MONDAY 2.00-3.30	11/2/2019 – 25/11/2019
MULTICULTURAL HUB Green Room	<b>Max: 40 Min: 15</b>

A look at some of the major philosophers and their teachings: the Stoics on how to live life well; Socrates on certainty and doubt; Nietzsche on the existence of God. Any many, many others. Wisdom of the Ages looks at the arguments of some of the smartest people who have ever lived and see what they have to teach us.

### YOGA CLASSICAL (BEGINNERS)

Tutor: <a href="#">Maureen McBride</a>	Repeat
TUESDAY 10.00-11.30	12/2/2019 – 26/11/2019
GAA LR2	<b>Max: 14 Min: 8</b>

I teach Classical Yoga that is based on the teachings of Patanjali a Yogi and one of the ancient Sages, who wrote about 200 Sutras (literally means "thread") dated from 5,000 B.C. Patanjali's Sutras are the basis for all of the various types of meditation and Yoga that is used today. The Yoga classes will follow the classical approach of demonstrating and performing a safe and comfortable asanas (Yoga postures) by focusing on foundation, structure and alignment of body and spine; Pranayama (Yoga breathing exercises) and breathe awareness. The class will begin with Shavasana (corps pose) a deep relaxation state that allows one to let go of the body and active mind bringing one into the present moment. Followed by joint rotations (preparing the body for a safe asana practice); warm up/limbering the body; and finishing with Viparita Karani (legs up the wall) and/or 10 minutes of visual or guided meditation.

**Prerequisites:** Mature aged students for beginners and for students with some knowledge of Yoga.

**Class Materials:** Students are to provide their own Yoga mats, a light blanket, a Yoga block or a small pillow to put behind the head for support the neck when lying in Shavasana - the corps pose.

**Enrolment Conditions:** Students are advised to inform the Tutor of any health conditions that may have some bearing on their physical activity.

### YOGA CLASSICAL CONTINUING

Tutor: <a href="#">Maureen McBride</a>	Continuing
MONDAY 10.00-11.30	11/2/2019 – 25/11/2019
GAA LR2	<b>Max: 14 Min: 10</b>

I teach Classical Yoga that is based on the teachings of Patanjali a Yogi and one of the ancient Sages, who wrote about 200 Sutras (literally means "thread") dated from 5,000 B.C. Patanjali's sutras are the basis for all of the various types of meditation and Yoga that is used today. Yoga classes will follow the classical approach of demonstrating and performing a safe and comfortable asanas (Yoga postures) by focusing on foundation, structure and alignment of body and spine; Pranayama (Yoga breathing exercises) and breathe awareness. The

class will begin with Shavasana (the corps pose) a deep relaxation state that allows one to let go of their body and active mind bringing one into the present moment. Followed by joint rotations (preparing the body for a safe asana practice); warm up/limbering the body; and finishing with Viparita Karani (legs up the wall) and/or 10 minutes of visual or guided meditation.

**Prerequisites:** At least 2 years of Yoga practice.

**Class Materials:** Students are to provide their own Yoga mats, a light blanket, a Yoga block or a small pillow to put behind the head to support the neck when lying in Shavasana - the Corps Pose.

**Enrolment Cut-off:** No enrolments after 18<sup>th</sup> February.

### YOGA HATHA

Tutor: <a href="#">Debbie Hay</a>	Repeat
WEDNESDAY 2.00-3.30	13/2/2019 – 27/11/2019
RHSV Officer's Mess	<b>Max: 16 Min: 10</b>

Debbie, a very experienced Yoga teacher, will commence the Yoga course slowly allowing you to work at your own pace with detailed guided instructions in a safe manner. The class will begin with a relaxation and breath awareness, warm up stretching, asanas or postures and completing the session with relaxation. Debbie will be aware of any limitations that you might have and structure the class around these needs. The wonderful benefits of Yoga are being in the present moment, stretching and strengthening the body, awareness of our breathing to enhance the respiratory system, correct alignment and more benefits that will be brought to your attention in every class. Debbie is positive that Yoga has enhanced her life and has helped her become a healthy, flexible and happy person.

**Prerequisites:** All students will be waitlisted pending tutor approval. Preference will be given to continuing students.

**Class Materials:** Yoga mats and cushion.

### YOGA FOR BODY, BREATH AND MIND

Tutor: Alma Kristensen	Revised
MONDAY 10.00-11.30	11/2/2019 – 25/11/2019
RHSV Officers' Mess	<b>Max: 20 Min: 15</b>

The aim of the course is to bring balance into the body, physical, mental, emotional, spiritual bodies (even social balance). My teaching is mainly based on the eight limbs of Yoga in the Sutras by Patanjali, but with eclectic approach, predominantly following the teachings and instructions from my own Diploma in Science (Yoga) and Diploma in Meditation from the Classical School of Yoga. Included is: asana, pranayama, relaxation, meditation, yoga nidra, mudra, bandha, chanting, and chakra. Students will be encouraged to work with awareness on body, breath and mind at individual levels, trying to be in the here and now, observe safety first and avoid competing with others (even with themselves), aim always to be in the here and now. The structure of the

class is: chanting 3 AUMs, short relaxation and breathing, warm up exercises, variety of asanas, Yoga Nidra, meditation. Most students are expected to be able to observe some of the many benefits of yoga as we all work towards some of the highest goals of the 8 limbs of Yoga. For some it will become a way of life.

**Prerequisites:** No prior experience or knowledge required. It is a class for seniors, but in case there are concern regarding health and fitness, please, do consult your health professional before enrolling.

**Class Materials:** A yoga mat, yoga belt, yoga block, small pillow, comfortable clothing, possibly blanket and eye pillow. For relaxation make sure clothing is suited to temperature.

**Enrolment Cut-off:** No enrolments after 1<sup>st</sup> April unless the student is familiar with basic Yoga.

## REVISED FOREIGN LANGUAGES POLICY

### Aims:

The aims of the Policy on foreign language study are to:

- integrate the language program into a coherent study pathway, where possible;
- widen members' choice of courses and maintain equitable access;
- provide classes with members of similar foreign language skill levels;
- facilitate progression by members to higher levels where possible.

### Enrolment Rules

1. Language courses are divided into two groups:
  - Group 1 being core language study courses and
  - Group 2 being conversation and culture courses.
2. Each language class has been designated as either Group 1 or Group 2. (Please refer to the Course Guide).
3. At any time, a student may be enrolled in a maximum of one Group 1 and one Group 2 language course.
4. Tutors set the prerequisites to meet the language requirements for the class and to decide if an applicant meets these prerequisites.
5. Enrolment in the majority of language courses is provisional (i.e. you will be waitlisted) until Tutor approval.
6. All classes must have a Tutor approved by the Course Coordinator.

### Procedures

1. Most foreign language study courses are targeted at a certain level of competence. The prerequisite skills or prior study necessary to participate in a particular course are indicated in the course description.
2. During enrolments, Tutors will check their class lists and
  - a. Set the prerequisites for the class.
  - b. Determine whether students are able to meet the language requirements of the class.
  - c. Organise a two-week trial attendance in the class to assess the skill level of the member or conduct an assessment by phone.
3. If a Tutor believes that the language course is not suited to a member, the Tutor will advise the member of this and their place will be offered to another waitlisted member. The member may be offered a different course level and may not have to go back onto a waitlist.
4. During the year, members on a waitlist will fill course vacancies as they occur in strict order of application, subject to meeting prerequisites and course admission deadlines.
5. A place may be offered in a language course when a current student is absent for a lengthy time. The Extended Planned Absences Policy (six weeks or more) applies to all classes including foreign language courses.
6. If a Tutor can no longer present their course, it will be cancelled unless a suitable replacement Tutor can be found.
7. A class size minimum of 15 places will be advertised.

LANGUAGE COURSES 2019 – YEARLONG/SEMESTER	
Group 1: Core Language Study Course	Group 2: Culture/Conversation Course
French Level 1 - Beginners (Glen Harvey)	French Level 6 – Adv. Study & Conversation (Hilary Adair)
French Level 2 - Basic (Gwen Nyman)	
French Level 2 - Post Beginners (Glen Harvey)	
French Level 3 - Basic (Gwen Nyman)	
French Level 3 - Intermediate (Glen Harvey)	
French Level 4 - Upper Intermediate (Elaine Batchelder)	
French Level 5 - Advanced Intermediate (David McGregor)	
French Level 6 - Advanced (Carol Wright)	
French Level 7 - Language & Culture (Carol Wright)	
Group 1: Core Language Study Course	Group 2: Culture/Conversation Course
German Level 3 - Advanced Beginners (Paul O'Brien)	German Level 3 Intermediate Conversation (Günter Lang)
German Level 4 - Intermediate 1 (Marcus Wearne)	German Level 6 Advanced Conversation (Jack Foks & Günter Lang)
German Level 4 - Intermediate 2 (Marcus Wearne)	
German Level 5 - Upper Intermediate (Marcus Wearne)	
Italian Level 2 – Post Beginners (Kiera Stevens)	Italian Level 3 Intermediate Conversation (Fortunato Forte)
Italian Level 3 - Intermediate (Anna Jardon)	Italian Level 5 Advanced Conversation (Fortunato Forte)
Italian Level 6 - Advanced (Jan Livingstone)	
	Japanese Language & Culture (Shinei Sakai)
Spanish Level 1 - Beginners (Gloria Madrigales)	
Spanish Level 2 - Post Beginners (Gloria Madrigales)	
Spanish Level 3 - Intermediate (Carmen Cohen)	
Spanish Level 4 - Upper Intermediate (Luis Alban)	
Spanish Level 6 - Advanced (Juan Martinez)	

### Choosing the right language course for you

1. Read the course description carefully. Consider if your goals and commitment match with it.
2. Take note of the prerequisites for the course and decide if you have the required prior experience or skills.
3. Check the website where there may be additional information about the course.

FOREIGN LANGUAGE BOOKSHOPS AND WEBSITES	
Intext Book Co./Language International Bookshop 13-15 Station Street, Kew East, 3102. Tel: 9857 0030 Email: <a href="mailto:info@languageint.com.au">info@languageint.com.au</a> Web: <a href="http://www.languageint.com.au">www.languageint.com.au</a>	<b>Online only</b> Continental Bookshop Warehouse/office in Ringwood Tel: 9015 4440 Web: <a href="http://www.continentalbookshop.com/">http://www.continentalbookshop.com/</a> <i>Discounts for U3A members and seniors</i>
Foreign Language Bookshop 9-11 Victoria Street (NOT Victoria Parade), Fitzroy, 3065 Tel: 8417 9500 Email: <a href="mailto:shop@flb.com.au">shop@flb.com.au</a> Web: <a href="http://www.foreignlanguagebookshop.com.au/">www.foreignlanguagebookshop.com.au/</a>	<b>Online only</b> Book Depository Web: <a href="http://www.bookdepository.com">www.bookdepository.com</a> (allow 5-6 weeks delivery)


## TERM, PUBLIC & SCHOOL HOLIDAYS 2019

From 2019, all classes will observe the Victorian State School and Public holidays.

<i>Public School Holidays 2019</i>	<i>Public Holidays 2019</i>	
Term 1 Holidays: 8 April – 22 April	Monday, 11 March - Labour Day	Monday, 10 June – Queen's Birthday
Term 2 Holidays: 1 July – 12 July	Friday, 19 April - Easter	Friday, 27 September – AFL Grand Final
Term 3 Holidays: 23 September – 4 October	Monday, 22 April - Easter	Tuesday, 5 November – Cup Day
	Thursday, 25 April – Anzac Day	<i>Note: Monday, 4 November before Cup Day - Ross House closed.</i>

## VENUES

Most classes are held within our pool of venues listed below. A majority are at the Greek Cultural Centre, Multicultural Hub, GAA and some still at Ross House. Room bookings may occasionally be changed at short notice during the year. Always check the venue notice board, where applicable at street level and ground floor entrances, which show the day's bookings.

<i>Venue</i>		<i>Address and directions</i>
<b>Boyd Community Hub</b>		207 City Road, Southbank. 58 tram, Stop116, or 234 or 236 Metro Bus.
<b>City Library</b>		253 Flinders Lane. Ask at desk for directions to Group Study Room on 1st floor
<b>Community &amp; Public Service Union (CPSU)</b>		Level 4, 128 Exhibition Street. Between Little Collins and Bourke Street.
<b>GAA House</b>	 ground only	380-382 Spencer Street, West Melbourne. LaTrobe St tram (#24, 30 or City Circle) to Spencer Street – walk up Spencer over Jeffcott Street. OR Bourke Street tram (#86) to LaTrobe Street then as above.
<b>Greek Centre</b>		168 Lonsdale Street, corner of Russell Street. 2 <sup>nd</sup> floor, accessible by lift.
<b>Kathleen Syme Library</b>		251 Faraday Street, Carlton. Any tram in Swanston Street to Melbourne University and then a very short walk up Faraday Street.
<b>Legacy House</b>		293 Swanston Street, just over Lonsdale Street. Entrance just after Starbucks. Take lift to 2 <sup>nd</sup> floor.
<b>Multicultural Hub</b>		506 Elizabeth Street, opposite the Queen Victoria Market. Check board for room. Lift to 1 <sup>st</sup> floor rooms.
<b>Ross House</b>		247 Flinders Lane (between Swanston and Elizabeth) – use street level entrance next to City Library with direct access to lift. Check board for room.
<b>Royal Historical Society Victoria (RHSV)</b>		239 A'Beckett Street, Melbourne. Train to Flagstaff Station or Tram 58 (West Coburg/Toorak) to stop 7 at corner of William and A'Beckett Streets.
<b>The Library at the Dock</b>		107 Victoria Harbour Promenade, DOCKLANDS LIBRARY. Tram 48 & 11 in Collins Street to DOCKLANDS LIBRARY terminus. Short walk to Library past construction sites, entry from 2 sides and lift to upper rooms.
<b>Welsh Church Hall</b>		320 La Trobe Street (between Elizabeth and Queen). Hall on left with green door.

## MEMBER ETIQUETTE REMINDERS

- ❖ All course enrolments must be done online or through the office. Do not attend a class and ask the tutor to enrol you.
- ❖ When you enrol in a course, put the start date in your diary or calendar so you do not forget.
- ❖ If you are on a waiting list, wait for the office to call you regarding a vacancy.
- ❖ If you change your mind about a course, or no longer wish to attend, cancel your enrolment online or let the office know so that someone on the waiting list can take your place.
- ❖ If you cannot attend a class, record your apology online via MyU3A or let the office know. You will **lose your place** in a course if you miss three consecutive classes without apology. Our email: [citymelb@u3a.org.au](mailto:citymelb@u3a.org.au)
- ❖ Turn off or make silent your mobile phone at the start of a class. Do not disrupt the class by taking calls.



- ❖ Ask the tutor about materials and copying costs at the first session and be prepared to pay your share without having to be asked.
- ❖ Always wear your U3A Melbourne City identification when attending classes.
- ❖ Respect other users of the rooms – do not push in early, or linger in corridors, if new occupants are waiting.
- ❖ Remember that in some venues there are offices where people are working – keep noise levels down both in class and whilst you are waiting to enter a room.
- ❖ Do NOT act on behalf of U3A if there are room problems with room. This is the responsibility of the tutor in conjunction with the office.